

## GENEROSO TRAIL 2025 RULES

### 7TH EDITION OF THE GENEROSO TRAIL SUNDAY, OCTOBER 19, 2025

- a) Each participant runs at their own risk. Health must be in optimal condition, and every participant must be capable of handling a significant elevation gain of over 1,400 meters.
- b) The race organizer assumes no responsibility for accidents or health issues.
- c) Each participant must have health and accident insurance that can, if necessary, cover all costs of ambulance or helicopter transportation.
- d) In case of another participant's illness, it is mandatory to intervene and promptly inform the Mendrisiotto Ambulance Service (SAM) on-site at 144 or 112 via the Italian network.
- e) Participants must adhere to anti-doping regulations available at [www.antidoping.ch](http://www.antidoping.ch).
- f) Earphones are not allowed.
- g) Minors under the age of 15 are not permitted.
- h) Walking poles are allowed.
- i) Participants must follow the marked course and comply with the instructions of volunteers along the route. Any violation may result in disqualification.
- j) Participants must exercise caution at crossings with the Monte Generoso Railway and always give priority to trains.
- k) The race will take place regardless of weather conditions.
- l) Bib numbers must be worn visibly.
- m) Each participant will receive a password to download a digital race package, replacing a physical starter kit.
- n) Each participant may submit only one backpack weighing no more than 5 kg. The backpack will be transported to the summit at Fiore di Pietra and stored (with the bib number) for retrieval.
- o) Bibs will be distributed on Sunday between 8:30 AM and 10:30 AM. Bibs will only be handed to the participants themselves, and no personal items delivered after this time will be transported to the summit. The organizers are not responsible for damage or loss of personal belongings.
- p) The race will start at 11:05 AM on Sunday from Piazza del Ponte in Mendrisio. Participants in the Dog Trail category (handler and dog pairs) will start at 10:50 AM. Please refer to the separate Dog Trail rules.
- q) The maximum race time is 3 hours.

- r) The course, slightly over 12 km long, includes a single refreshment point at Osteria Peonia (which is also the timing checkpoint). Participants must be aware that there will be no additional refreshments before or after this point.
- s) Shower facilities will not be available at the summit of Monte Generoso (Fiore di Pietra). Separate changing areas will be provided for men (in an external warehouse) and women (in a room adjacent to the bathrooms on the second floor).
- t) The registration fee includes refreshments at the finish line (a drink and fruit), the pasta party (pasta, water, bread, and Rapelli cold cuts), and the descent by train from the summit to intermediate stations (Bellavista, San Nicolao, and/or Capolago). Train schedules are available at [www.montegeneroso.ch](http://www.montegeneroso.ch).
- u) The award ceremony will take place at Fiore di Pietra at 2:00 PM, either indoors or outdoors depending on the weather.
- v) Prizes will be awarded to the top three finishers in each category (8 categories: U20, M20, M40, M50, M60, W, W40, W50) and the top three men and women in the Dog Trail category. The race is part of the ASTI Trail Championship. Athletes holding an ASTI Trail license will be included in the ASTI database for the assignment of points and prizes.
- w) Complaints about the results must be submitted within 30 minutes of their publication (online or on-site). An ASTI delegate will be present to address disputes.
- x) Personal data (name, address, phone number, email) may be used by the organizer and partners for services or advertising campaigns unless explicitly refused by sending an email to [info@sporteventsticino.ch](mailto:info@sporteventsticino.ch).
- y) On-site registrations (if available after online registration closes) will not be nominative or timed, and participants will not be included in the rankings.
- z) By registering, participants confirm their acceptance of these rules in their entirety.
- aa) Cancellation: No refund will be provided to participants who cancel their registration. However, participants may purchase cancellation insurance at their own expense. In the case of a valid medical certificate submitted at least 10 working days before the event, the organizer reserves the right to evaluate a refund or transfer the registration to the following year. Refunds will be issued after deducting transaction fees and will be processed via the original payment method (credit card or bank transfer).